

## Breastfeeding Advocacy in Chicago: Supporting All Families in Our Community

Register and pay online at [www.ChicagoAreaBFC.org](http://www.ChicagoAreaBFC.org). Fees include continental breakfast, refreshment breaks, electronic copies of handouts, and CERPs/nurses' contact hours. If you pay by check, \$5 will be added to the cost of registration. Register online then bring your check to the conference registration desk.

\$55 registration fee per person for those working as a health professional  
\$40 registration fee for those whose primary work setting is doula, peer counselor, or volunteer mother-to-mother support.

Fees increase by \$25 if received online after **October 7, 2017**. Space is limited so register early. Registration closes when maximum capacity is reached.

Refunds will not be provided, but you may send an alternate in your place.

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[www.ChicagoAreaBFC.org](http://www.ChicagoAreaBFC.org)



### KATHY BAKER MEMORIAL PEER COUNSELOR SCHOLARSHIPS

In memory of Kathy Baker—a founding member of CABC who served as head of La Leche League International's Peer Counselor Training Program—at each CABC conference we award a limited number of full scholarships to peer counselors. To be eligible for a scholarship please complete the brief online application found via the registration page on our website. To qualify for consideration, we must receive your application by October 1, 2017.

Questions? Email [contact@chicagoareabfc.org](mailto:contact@chicagoareabfc.org) with registration questions.

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[www.ChicagoAreaBFC.org](http://www.ChicagoAreaBFC.org)

Strength in Numbers

Creating One Breastfeeding Community

Photography Credits: United States Breastfeeding Committee



## BREASTFEEDING ADVOCACY IN CHICAGO:



*Supporting All Families in Our Community*

**SATURDAY, OCTOBER 21, 2017**

**8:00 A.M. – 4:30 P.M.**

**A ONE-DAY CONFERENCE**

**ADVOCATE ILLINOIS MASONIC MEDICAL CENTER**

**OLSON AUDITORIUM**

**836 W. WELLINGTON AVENUE**

**CHICAGO, IL 60657**

## WHO SHOULD ATTEND?

Those in the Chicago area who work with breastfeeding families: nurses, board-certified and certified lactation consultants, lactation educators, physicians, dietitians, doulas, midwives, peer counselors, childbirth educators, volunteer mother-to-mother supporters, and public health staff.

## CONFERENCE OBJECTIVE

Participants will increase their knowledge of special needs feeding challenges and interventions, understand current protocols for assisting moms with breastfeeding injury and distress, learn strategies to reduce barriers to breastfeeding within the healthcare system and increase cooperation among area support organizations to improve breastfeeding outcomes.

## CONFERENCE SPEAKERS



### **Anne Eglash MD, IBCLC, FABM**

Anne Eglash is a clinical professor with the University of Wisconsin School of Medicine and Public Health, in the Department of Family and Community Medicine. In addition to practicing family medicine, she has been a board certified lactation consultant since 1994. Dr. Eglash is a co-founder of the Academy of Breastfeeding Medicine, the Medical Director and co-founder of the Mothers' Milk Bank of the Western Great Lakes, and the Medical

Director of the University of Wisconsin Lactation Services. She has published many peer-reviewed articles on breastfeeding medicine. She co-hosts and produces a breastfeeding medicine podcast series, called The Breastfeeding Medicine Podcast, available free on iTunes. Dr. Eglash is founder and president of The Milk Mob, a nonprofit organization dedicated to the creation of breastfeeding-friendly medical systems and communities.



### **Jill Rabin M.S. CCC SLP/L, IBCLC**

Jill Rabin is a pediatric speech pathologist, board certified lactation consultant, and early intervention provider in the Chicagoland region who has worked with the 0-3 population for 31 years. She began her career working with infants in the special care nursery to facilitate smooth transition to oral feedings. Currently, she has a private practice where she sees breastfeeding babies who are at-risk or have complicated feeding issues.

As an early intervention provider, she often follows her patients with Down syndrome as breastfeeding newborns until they age out of the early intervention system. She also works at New Mother New Baby in Northbrook, where she evaluates breastfeeding babies and teaches classes to new mothers on development. She previously held an educational group called the North Shore Down Syndrome Awareness group for social and educational purposes. It is her hope to build a collaborative relationship between speech pathologists and lactation consultants in hopes of increasing the possibility of successful breastfeeding, especially with at-risk infants.

### **Supporting Breastfeeding Needs in the Chicago Region**

A panel discussion made up of local breastfeeding advocacy agencies including, Breastfeed Chicago, La Leche League USA, BreastFeeding USA, Mothers' Milk Bank of the Western Great Lakes, and Chicago Region Breastfeeding Task Force.

## CABC BREASTFEEDING ADVOCACY AWARD

Over the past 7 years, the Chicago Area Breastfeeding Coalition has been privileged to honor some outstanding physicians and nurse practitioners who go above and beyond in their efforts to promote and support breastfeeding in our region. As our mission also includes the goal of increasing public awareness of the positive outcomes associated with breastfeeding, we now seek to honor other advocates who have sought to effectively protect, promote, and support breastfeeding in the public sector. For our inaugural CABC Breastfeeding Advocacy Award, it is an honor to recognize Illinois State Representative Robyn Gabel for her lifetime achievements in advocating for mothers, infants and children in the State of Illinois.

## CONFERENCE AGENDA

- 07:30 am - 08:00 am** Registration with Continental Breakfast
- 08:00 am - 08:15 am** Welcome / Announcements / CABC Update
- 08:15 am - 09:45 am** Session I: Building Breastfeeding Friendly Communities, Anne Eglash MD, IBCLC, FABM
- 09:45 am - 10:00 am** Break
- 10:00 am - 11:30 am** Session II: Breastfeeding Babies with Special Needs: Facilitating Favorable Outcomes, Jill Rabin M.S. CCC SLP/L, IBCLC
- 11:30 am - 12:45 pm** Lunch on your own
- 12:45 pm - 01:00 pm** CABC Breastfeeding Advocacy Award to Robyn Gabel
- 01:00 pm - 02:30 pm** Session III: Injury and Distress of Breastfeeding- Preventing and Managing Breast Pain, Anne Eglash MD, IBCLC, FABM
- 02:30 pm - 02:45 pm** Break
- 02:45 pm - 04:00 pm** Session IV: Panel Discussion; Supporting Breastfeeding Needs in the Chicago Region
- 04:00 pm - 04:30 pm** Closing / Evaluations

### Educational Credits

- CERP's have been applied for from the International Board of Lactation Consultant Examiners (IBLCE)
- This activity has been submitted to the Ohio Nurses Association (OBN-001- 91) for approval to award 6.0 contact hours. The Ohio Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.
- 6.0 Contact hours will be awarded to those who successfully complete the criteria: Successful completion requires attendance at the entire program and a completed evaluation form.
- Partial credits will not be available

### Location

Advocate Illinois Masonic Medical Center, 836 West Wellington Ave., Chicago, IL is located on the northside of Chicago, on Wellington, west of Halsted and east of Sheffield.

### Parking

Parking is available in the hospital's pay lot off of Halsted Ave. More details to follow.

### Learning Environment

Please bring a sweater or jacket as the room may be cool. Quiet infants are welcome in the conference auditorium. It is not an ideal environment for toddlers, but there will be a separate room with audio and video feeds of the sessions where mothers or caregivers can entertain toddlers. If your baby or toddler becomes vocal, please care for him/her outside the auditorium. If you need a room for pumping, please contact us before the conference to make arrangements.